

"ALL GIRLS ON DECK"

HEY SEA GALS . . . THE 2020 SAILING SEASON OPENS IN MAY!

Yes, Sea Gals will be out on the Catalina 37s again this year.
Join us in May, June, July, August and September!

Sea Gals is the Long Beach Sailing Foundation's Women's Sailing Program. We are open to the public and all women interested in sailing on the Catalina 37s are invited to participate.

There is no membership fee and no prior sailing experience is necessary to participate.

Junior sailors (ages 12-17 years) are welcome to participate when their mothers are on the boat.

The Catalina 37 boats are not equipped for the physically challenged/handicapped, or those with hearing and visual impairments.

This season we will have a minimum of 2 boats going out during each event.

We always have room for beginners and women who enjoy recreational daysails.

"ON THE WATER" SAILING EVENTS FOR BEGINNERS & INTERMEDIATES

Sea Gals events are **non-competitive** sailing events designed to introduce women to sailing as well as build confidence, increase knowledge, and sharpen your sailing skills in a safe and fun environment. Debrief and network at the post event dock party.

2020 On the Water Events

All at Long Beach Yacht Club

Dock Party after Sail!

Event 1 - Sunday, May 17	12:00 pm – 4:00 pm
Event 2 - Sunday, June 14	12:00 pm – 4:00 pm
Event 3 - Sunday, July 19	12:00 pm – 4:00 pm
Event 4 - Sunday, August 16	12:00 pm – 4:00 pm
Event 5 - Sunday September 13	12:00 pm – 4:00 pm

The sailing event fee is \$50 per event for adults and \$25 per event for minors (ages 12 to 17).

If you have questions or need more information, send us an email.

We look forward to ***seeing you out on the water!***

Long Beach Sailing Foundation: LBSailingFoundation.org / Women's Sailing / Sea Gals

Sea Gals Sailing: Email: SeaGals.Sailing@gmail.com

All Events held at Long Beach Yacht Club, 6201 E Appian Way, Long Beach CA 90803